

## Friday - April 5

*"Be still, and know that I am God!  
I am exalted among the nations,  
I am exalted in the earth."*

*Psalm 46:10*

Be still and know that I am God.

This short verse is my mantra when I feel I need to center myself. Sometimes we need to stop and look around and soak up the beauty our Maker has provided. As an adult I find I am more in awe of God's grace and what He has provided for us, especially when I find myself surrounded by nature. God's presence and grace is so evident in the beauty of the outdoors, a gorgeous sunrise, mountains covered with rocks and green trees, and watching a seed planted in the spring grow to be an eight foot sunflower. God didn't just provide us with the essentials for us to live, He provided us with beauty to inspire us. To me, that is pure love. When I take time to look closely at the leaves of a tree, an intricately woven bird's nest or something as vast as the Grand Canyon I know for sure that we are not in charge here and we are loved.

Kathy

**Prayer:** God, thank you for all you have provided for us. Help us to be good stewards of the earth. Amen.