



# Information from the CDC



The following information is taken from the CDC website. We are providing this literature so all families are aware that we are aware and complying with the CDC guidelines. The following information was used to help us make our Nursery Guidelines & Safety Measure for Powell UMC Nursery.

## Check-In Controls:

- Make a visual inspection of the child for signs of illness, which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue or extreme fussiness.
- Conduct temperature screening (follow steps): Perform hand hygiene, Wash hands with soap & water for 20 seconds or use a hand sanitizer with at least 60% alcohol.
- Disposable gloves should be at the disposal if staff would like to use them, but are not required.
- Ask the parent/guardian to confirm that the child does not have a fever, shortness of breath or cough.
- Staff is to wear personal protective equipment (PPE) if they are not able to maintain a distance of 6 feet. (Due to the nature of caring for children, staff is unable to remain 6ft apart and will wear PPE).

## Healthy Hand Hygiene Behavior:

- All children, staff and volunteers should engage in hand hygiene at the following times: Arrival to the facility and after breaks. Before and after preparing food or drinks. Before and after eating or handling food or feeding children. Before and after administering medication or medical ointment. Before and after diapering. After using the toilet or helping a child use the bathroom. After coming in contact with bodily fluid. After handling garbage.
- Wash hands with soap and water for at least 20 seconds or use hand sanitizer.
- Supervise children when they use hand sanitizer to prevent ingestion.



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## Washing, Feeding or Holding a Child:

- It is important to comfort crying, sad and/or anxious infants and toddlers, they often need to be held. To the extent possible, when washing, feeding, or holding very young children: Child care providers can protect themselves by wearing an over-large button down, long-sleeved shirt and by wearing long hair up off the collar in a ponytail or other updo. These are not requirements, but only suggestions if the care giver feels they are necessary.
- Child care providers should wash their hands, neck and anywhere touched by a child's secretions.
- Child care providers should change the child's clothes if secretions are on the child's clothes. They should also change their clothes if there are secretions on it and wash their hands again.
- Contaminated clothes should be placed in a plastic bag
- Infants, toddlers, and their providers should have multiple changes of clothes on hand in the child care center.

## Toy Cleaning:

- Toys that children have placed in their mouths or that are otherwise contaminated by body secretions or excretions should be set aside until they are cleaned by a person wearing gloves. Clean with water and detergent, rinse, sanitize with an EPA registered disinfectant, rise again and air-dry.
- Do not share toys with other groups unless they are washed and sanitized before being moved from one group to another.



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## Caring for Infants & Toddlers - Diapering:

- When diapering a child wash your hands and wash the child's hands before you begin, and wear gloves. Follow safe diaper changing procedures. Procedures should be posted in all diaper changing areas.
- Steps Include:
  1. Prepare (including putting on gloves)
  2. Clean the child
  3. Remove trash (soiled diaper and wipes)
  4. Replace diaper
  5. Wash child's hands
  6. Clean up diapering station
  7. Wash hands
- After diapering, wash your hands (even if you were wearing gloves).
- Disinfect the diapering area with a fragrance-free bleach that is EPA registered as a sanitizing or disinfecting solution.
- Similar care should be used if assisting a child with using the bathroom