

Moments of Beauty

Week 3 - Beauty in Sports & Our Bodies

Thursday, September 24



Competitive Rowing with Jordan Shore. Photo Credit: Alan Shore

“As a prisoner for the Lord then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit – just as you were called to one hope when you were called – one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.” Ephesians 5:1-6

This crew (rowing team) is a visual example of working together in harmony. There are several positions in the boat doing different tasks. But they are all working together for one goal. To see them on the water is a beautiful image of grace in movement. We are also called to this beauty. As Christians, we do not live this life, this journey, alone. We are connected to others who point out where God is working, who have insights into faith that we never would have discovered on our own. God has created us with the potential to work together in harmony. But it does take humility on our part. And that, done well, is also beautiful. Take a moment today to give thanks for those people in your life who have encouraged your faith, taught you about God and walked with you when your faith was struggling. If you get a chance, thank them.