

Moments of Beauty

Week 3 - Beauty in Sports & Our Bodies

Tuesday, September 22



Bowling with Jaylynn Brownlee. Photo Credit: Rebecca Brownlee
Baseball with Ben Wenner. Photo Credit: Debbie Wenner

“Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. And we rejoice in the hope of the glory of God. Not only so, but we also rejoice in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not disappoint us because God has poured out his love into our hearts by the Holy Spirit, whom he has given us.” Romans 5:1-5

These high school athletes (pictured) did not start out throwing strikes. They worked hard. They spent countless hours practicing, listening to coaches, encouraging their teammates and suffering pain and loss in the process. Yet, they love their sport. They love getting up and trying again. They love attaining a long-desired goal. It is beautiful. And their supporters, parents, family and friends love watching them do their best. God created our bodies imagining that we would do our best with them. Move them, do activities with others, enjoy the feel of the breeze on our faces as we run or swing or breathe a sigh of relief. What are you doing with your body today? What would help you feel good about moving it on this earth? Your body is beautiful because you are beautiful...created by God, who said, “it is good.”