

Moments of Beauty Week 6 - Dance

Friday, October 16



Mackenzie Troutman, modern dance. Photo credit: Terry Troutman

The desert and the parched land will be glad; the wilderness will rejoice and blossom. Like the crocus, it will burst into bloom; it will rejoice greatly and shout for joy. The glory of Lebanon will be given to it, the splendor of Carmel and Sharon; they will see the glory of the LORD, the splendor of our God...Then will the eyes of the blind be opened and the ears of the deaf unstopped. Then will the lame leap like a deer, and the mute tongue shout for joy. Isaiah 35:1-2 & 5-6

Leaping for joy is not something we do very often! But when we have experienced a very difficult time and suddenly our hearts leap with joy we can imagine what that feels like to be light and filled with the joy of the Lord. It is a lifting of the spirit. Things have changed and we can hope again. We have to let the binders fall off of our eyes to see the beautiful things and beautiful spirits of people around us. Imagine what you can do to bring that "leaping for joy" feeling to someone today. It might just be a caring word. Or it could be a gift. Maybe just a note. Be a joy-bringer and see-er today.