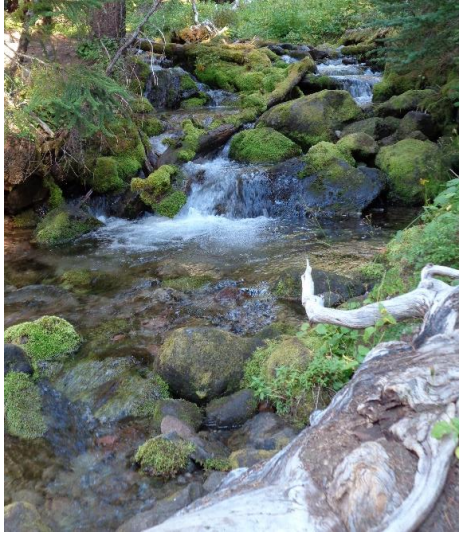


Moments of Beauty Week 10 - Water

Saturday, November 14



Granite Creek. Photo credit: Steve Bettencourt **Colorado. Photo credit: Brian Riddle**

As the deer pants for streams of water, so my soul pants for you, my God. My soul thirsts for God, for the living God. When can I go and meet with God? My tears have been my food day and night, while people say to me all day long, "Where is your God?" These things I remember as I pour out my soul: how I used to go to the house of God under the protection of the Mighty One with shouts of joy and praise among the festive throng. Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God. Psalm 42:1-5

This beloved psalm speaks of our longing for God. Thirsting is a common image for recognizing a basic need. And not only do we need water to survive. But we do need God. We just may not always recognize it. There are times when we are struggling with our situation, relationships and very real troubles. But for a moment, imagine being in your favorite kind of water...ocean, lake, creek, waterfall... and being refreshed by it. Let it pour over you. It is the presence of God covering you with love and compassion. There are other things that help us stay afloat in life, medical professionals and friends, safe places to live, and good food. But don't leave God out of the equation. God is beautiful and wants to quench your thirst...filling you and dousing you with God's love. Let that pour over you today.

This ends our week of beauty in water. Next week: Beauty in music.