

"With Thankful Hearts"

Friday, November 12



"Jack Frost"

Jesus tells us: "Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? Can any one of you by worrying add a single hour to your life? And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? So do not worry, saying, 'What shall we eat?' or 'What shall we drink?' or 'What shall we wear?' For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well.

So, do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own. Matthew 6:25-34

Why are we reluctant to give thanks? We worry about the next season. We can't even focus on the present. Folks have been heard to say, "I don't really like this season because I know what's next." But when we do that, we miss the glory of the current season.

Remember the delight as a child seeing the beauty of the frost on the window-pane. It was mysterious and delightful. Jesus reminds us, in the great Sermon on the Mount, that worrying about tomorrow doesn't help. What does help, is seeking God's kingdom. By giving thanks to God, we are reminding ourselves of that. Really trust that by seeking God first, and reframing what worries us, we will be ok.