

## Tuesday - March 22

*Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life. We have come to believe and to know that you are the Holy One of God." John 6:68-69 (NIV)*

I moved to Wesley Glenn Retirement Community in Columbus, July 1. During this time of transition, I continued my daily appointment time with the Lord as I sought refuge and strength in God. Paul says in 1 Corinthians 1:4: "I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus."

I look forward to visiting with you soon as I come and share my book, *I'm Up; Soul Devotions for Seniors* with 10 contributors, four from our church. As a senior, it is difficult to get up out of bed. Then we call on Jesus and Jesus lifts us up to face our daily challenges and serve our Lord. The devotions talk about our daily challenges, some funny, serious, and inspiring ventures. Examples of devotions: Jesus said we must become like a child to enter the kingdom of God. Well, I qualify for I now wear depends, take gummies for calcium, use walker/cane, etc. Another devotion: Grandmother: Where's Mary? As grandparents we are concerned for our grandchildren and pray for them. There are hymns at the end of some of the devotions because even when memory declines, we remember the hymns.

The Holy Spirit guided me in the writing of the book. The book's purpose giving us assurance as we hold on to God's promises of eternal life when we go home on God's free trip ticket to live forever with our Lord.

Beverly

**Prayer:** Help me Lord to be still as I face the challenges of each day. For where else can I turn but to You. For You have the words of eternal life. Help me to trust You as I find refuge (protection, shelter) and rest in You. In Jesus Name I pray. Amen.