

Monday - March 7

It is not enemies who taunt me I could bear that; it is not adversaries who deal insolently with me I could hide from them. But it is you, my equal, my companion, my familiar friend, with whom I kept pleasant company; we walked in the house of God with the throng.

Psalm 55:12-14 (NRSVCE)

God was with me through divorce. I generally avoid discussing my divorce but as Fred Rogers said, “Anything that's human is mentionable, and anything that is mentionable can be more manageable.” God used my friends, particularly Lisa, who took long walks with me. For over a year, Lisa asked me to come back to church. The church was the scene of my betrayal (deceived by my closest friend). One beautiful summer morning, I gave in and attended worship. Lisa and I sat in “our pew” where we had sat 20 years of Sundays with our “intact” families.

The scripture reading was Psalm 55—David's complaint about a friend's treachery in entirety. Please read the whole passage to know the depths of my feelings (they were not pretty). Lisa and I laughed hysterically. God knew exactly how I felt. He speaks directly to our needs. He understands our deepest feelings, losses and frustrations. He is with us through it all.

Brenda

Prayer: Dear God, Thank you for being with me. You are with me for long walks in the sunshine. You are with me when I want to fly away and when I want to be at rest. Help me be the friend who does not give up on a grieving friend. Thank you for giving me the strength to manage my feelings. Amen.