

Tuesday - March 28

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all.

1 John 1:5 (NRSV)

I see God in light. It is written in Exodus 33 that Moses desired to experience the light of God's glory and goodness passing by and over him. Beverly Nichols wrote in his book *Sunlight on the Lawn*, "It is curious that so vague a quality as goodness, so difficult to define, should be so easy to recognize. It is like a light. Virtue carries not only its own reward, but its own illumination." I see God and his goodness in the virtuous pureness of light.

I look for God in sources of light. My Joanne was from California and had never seen fireflies. On our first summer trip to visit my family in Ohio, she saw fireflies for the first time. She was enthralled. How can one not see God in these little miraculous bugs of light?

For many of us, the most beautiful moment of the year is on Christmas Eve when in the sanctuary all lights are extinguished except for the light of the Christ candle. One flame, Love's Pure Light.

It is holy to stand under a starry sky and look deeply into a universe of light, "It is breathtaking simply to be here" wrote the poet Rainer Maria Rilke. I feel blessed to revel in God and His light by staring into the starry night.

I ask myself, "Can I be the light of God?" When I invite God into my life, I can shine boldly and brightly, I can ignite the same blessed spark within others that God ignites in me. This is my Lenten prayer, to be the light of God for me and others.

Michael

Prayer: Dear Lord, help me to accept and embrace Your light within me and lead me to send out Your light and truth to others. Amen.