

## Friday - March 3

*Anxiety weighs down the heart, but a kind word cheers it up.  
Proverbs 12:25 (NIV)*

A few years ago my husband Harry and I were on a road trip from California to Ohio and we stopped for gas one evening somewhere along the way. Harry started inside while I stayed in the car. There were a couple of steps into the building and Harry was using a walker and as he started up the steps two very large questionable looking guys were coming out. No one else was around and I was frightened for him and prayed for God to watch over him and keep him safe. To my amazement, the two stood aside, opened the doors, held them for him, tilted their caps and continued on their way. When Harry got back to the car he asked if I had seen them and I told him I had been frightened. He smiled and said they were very kind to him and asked if he needed help with anything. I saw God in those two men that night and said another prayer for God to help me see the very best in people even if they don't look like me. That experience changed the way I see people no matter what they look like on the outside.

Janet

**Prayer:** Dear Lord, thank you for being so patient with me as I strive to be more of what You want me to be and less of what I am. Amen.